

The **Law** &
Sabbath
according
to the
Bible

Rick
Ingalsbe

ISBN: 978-0-9893482-5-6
© 2020 GladTidings Publishing
GTRMinistry@gmail.com

www.GladTidingsRadio.org

Exodus 31:18

And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.

I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before me.

Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

And shewing mercy unto thousands of them that love me, and keep my commandments. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

Thou shalt not bear false witness against thy neighbour.

Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

Part 1: The Law of God:

Exodus 20:1-17

¹ And God spake all these words, saying,

² I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage.

³ Thou shalt have no other gods before me.

⁴ Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.

⁵ Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

⁶ And shewing mercy unto thousands of them that love me, and keep my commandments.

⁷ Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain.

⁸ Remember the sabbath day, to keep it holy.

⁹ Six days shalt thou labour, and do all thy work:

¹⁰ But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

¹¹ For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

¹² Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.

¹³ Thou shalt not kill.

¹⁴ Thou shalt not commit adultery.

¹⁵ Thou shalt not steal.

¹⁶ Thou shalt not bear false witness against thy neighbour.

¹⁷ Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.

Can God's moral law be changed or abolished?

Luke 16:17

And it is easier for heaven and earth to pass, than one tittle of the law to fail.

Psalm 89:34

My covenant will I not break, Nor alter the thing that is gone out of my lips.

Psalm 111:7

The works of his hands are verity and judgment; All his commandments are sure.

Malachi 3:6

For I am the LORD, I change not.

According to the Bible, what is sin?

Romans 3:20

Therefore by the deeds of the law there shall no flesh be justified in his sight: for by the law is the knowledge of sin.

1 John 3:4

Whosoever committeth sin transgresseth also

the law: for sin is the transgression of the law.

To what law does 1 John 3:4 refer?

Romans 7:7

What shall we say then? Is the law sin? God forbid. Nay, I had not known sin, but by the law: for I had not known lust, except the law had said, Thou shalt not covet.

Did Jesus keep the Ten Commandments?

John 15:10

If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.

1 Peter 2:21

For even hereunto were ye called: because Christ also suffered for us, leaving us an example, that ye should follow his steps.

How many people have sinned?

Romans 3:23

For all have sinned, and come short of the glory of God;

What is the punishment for living a life of sin?

Romans 6:23

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

NOTE: If God's law could be changed, it would not have been necessary for Jesus to die on the cross. The fact that Jesus paid the penalty for sin and died is proof that the law is unchangeable.

Some say the Ten Commandments are not binding for New Testament Christians. What does Jesus say about this?

Matthew 19:17

If thou wilt enter into life, keep the commandments.

John 14:15

If ye love me, keep my commandments.

Revelation 22:14

Blessed are they that do his commandments, that they may have right to the tree of life,

and may enter in through the gates into the city.

Revelation 14:12

Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.

Answer: The New Testament plainly teaches that God's people will keep His commandments. We all know that the world is in big trouble because so many no longer feel it is important to obey God's law. The Bible speaks of our day by saying, "It is time for thee, Lord, to work: for they have made void thy law." **Psalms 119:126.**

How is it possible to keep the Ten Commandments?

Philippians 4:13

I can do all things through Christ which strengtheneth me.

Romans 8:3

For what the law could not do, in that it was

weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh.

Philippians 1:6

Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ.

Answer: When a person is born again, Jesus Christ, through His Holy Spirit, moves into that person's life and miraculously makes obedience possible.

What is the old covenant, and why did it fail?

Deuteronomy 4:13

And he declared unto you his covenant, which he commanded you to perform, even ten commandments; and he wrote them upon two tables of stone.

Psalm 19:7

The law of the LORD is perfect, converting the soul: The testimony of the Lord is sure, making wise the simple.

Exodus 24:7

And he took the book of the covenant, and read in the audience of the people: and they said, All that the LORD hath said will we do, and be obedient.

Hebrews 8:8-9

For finding fault with them (*the people*), he saith, Behold, the days come, saith the Lord, when I will make a new covenant with the house of Israel and with the house of Judah: Not according to the covenant that I made with their fathers in the day when I took them by the hand to lead them out of the land of Egypt; because they continued not in my covenant, and I regarded them not, saith the Lord.

Answer: The fault with the old covenant was with the people, not with God nor His perfect law. The people said they would obey, yet it did not take long before they forgot the covenant and worshiped an idol in the form of a golden calf, as told in **Exodus 32**.

Upon which law is the new covenant based?

Hebrews 8:10

For this is the covenant that I will make with the house of Israel after those days, saith the Lord; I will put my laws into their mind, and write them in their hearts: and I will be to them a God, and they shall be to me a people.

Answer: The new covenant is still based on the Ten Commandments.

Doesn't living under grace, by faith, make keeping God's law non-essential?

Romans 6:15

What then? shall we sin, because we are not under the law, but under grace? God forbid.

Romans 3:31

Do we then make void the law through faith? God forbid: yea, we establish the law.

Answer: Those who have been forgiven by God for breaking His law are *more obligated* to obey the law. And being forgiven, they receive a desire to follow Jesus.

Are people saved by keeping the law?

Ephesians 2:8-9

For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast.

Answer: No one is saved by keeping God's law. It is the miracle-working grace of God that saves and transforms souls. They will want to obey His law as an expression of their love and thanksgiving to Him.

What motivates a person to obey God's law?

John 14:15

If ye love me, keep my commandments.

Romans 13:10

Love worketh no ill to his neighbour: therefore love is the fulfilling of the law.

Matthew 22:37-39

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first

and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself.

1 John 5:3

For this is the love of God, that we keep his commandments: and his commandments are not grievous.

Can a soul be a true Christian without keeping His commandments?

1 John 2:3

And hereby we do know that we know him, if we keep his commandments.

Are some Old Testament laws no longer binding upon Christians?

Ephesians 2:15

Having abolished in his flesh the enmity, even the law of commandments contained in ordinances.

Colossians 2:14

Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross.

Deuteronomy 31:26

Take this book of the law, and put it in the side of the ark of the covenant of the LORD your God, that it may be there for a witness against thee.

Answer: The Ten Commandments were written on stone by the finger of God—signifying their unchangeable nature—and placed ***inside the ark of the covenant***. The law of Moses was written on parchment and placed ***on the outside of the ark***. It contained all the ordinances and animal sacrifices that were “against us.” They typified and looked forward to the cross. When Jesus died, these ordinances were no longer necessary because they found their fulfillment in Him. They were “nailed to the cross,” not the Ten Commandments. God’s moral laws are eternal, says **Psalm 119:160**. It is the acceptance of

Christ's sacrifice for sin (the transgression of the law) that gives us the ability to keep God's commandments out of love for what He did for us. That was the whole point of redemption.

Whom does the devil especially hate?

Revelation 12:17

And the dragon was wroth with the woman, and went to make war with the remnant of her seed, which keep the commandments of God, and have the testimony of Jesus Christ.

Part 2: The Lord's Holy Day

Exodus 20:8-11

Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But **the seventh day** is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested **the seventh day**: wherefore the LORD blessed the sabbath day, and hallowed it.

Was the Sabbath made just for the Jews?

Mark 2:27

And he said unto them, The sabbath was made for **man**, and not man for the sabbath:

Answer: The word “man” is translated from the Greek word *ánthrōpos*, meaning all mankind, which includes the entire human race; all people, not just Jews.

**When was the Sabbath established?
What day is it?**

Genesis 2:1-3

Thus the heavens and the earth were finished, and all the host of them. And on **the seventh day** God ended his work which he had made; and he rested on **the seventh day** from all his work which he had made. And God blessed **the seventh day**, and sanctified it: because that in it he had rested from all his work which God created and made.

How has God demonstrated the importance of His holy Sabbath?

Exodus 20:8

Remember the sabbath day, to keep it holy.

Answer: The Sabbath commandment is the only one that starts with “Remember.” But it is the one law that has been forgotten by Christians.

Of what two things did God say Sabbath is a sign?

Exodus 31:17

It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

Ezekiel 20:12

Moreover also I gave them my sabbaths, to be a sign between me and them, that they might know that I am the LORD that sanctify them.

Answer: It is a sign that identifies the one true God as the Creator. It is God's sign forever. Keeping the Sabbath day is also a sign that God sanctifies us, meaning sets us apart for a holy purpose.

A Christian is a follower of Christ. Which day did Jesus keep?

Luke 4:16

And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.

John 13:15

For I have given you an example, that ye should do as I have done to you.

Answer: Jesus kept the seventh-day Sabbath throughout His earthly life, teaching His followers to do the same.

Was it also the apostle Paul's custom?

Acts 17:2

And Paul, as his manner was, went in unto them, and three sabbath days reasoned with them out of the scriptures.

What day did the Gentiles worship?

Acts 13:42

And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next sabbath.

Answer: All the New Testament Christians kept the seventh-day Sabbath according to the commandment.

Did Jesus intend for his people to keep the Sabbath after His resurrection?

Matthew 24:20

But pray ye that your flight be not in the winter, neither on the sabbath day.

Answer: Jesus foretold the destruction of Jerusalem in 70 A.D. by the Romans. He told Christians to pray that their flight would not take place on the Sabbath day, meaning He expected His followers to be keeping the Sabbath long after His ascension.

Will end-time people keep the seventh-day Sabbath?

Revelation 12:17

And the dragon was wroth with the woman, and went to make war with the remnant of her seed, which keep the commandments of God, and have the testimony of Jesus Christ.

Revelation 14:12

Here is the patience of the saints: here are they that keep the commandments of God,

and the faith of Jesus.

Answer: The “remnant” are the true Christians at the end of time, just before Christ’s second coming. It identifies God’s real followers as those who keep the commandments of God—all ten.

Will the saved keep the Sabbath in Heaven?

Isaiah 66:22-23

²² For as the new heavens and the new earth, which I will make, shall remain before me, saith the LORD, so shall your seed and your name remain. ²³ And it shall come to pass, that from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith the LORD.

How do we know Saturday is the same Sabbath day Jesus kept?

Luke 23:54

And that day was the preparation, and the sabbath drew on.

Luke 24:1

Now upon the first day of the week, very early in the morning, they came unto the sepulchre, bringing the spices which they had prepared, and certain others with them.

NOTE: The Greek word for Friday is Paraskevi (Παρασκευή), derived from a word meaning “to prepare.” So the Bible tells us:

- **Preparation Day** = Friday
- **Sabbath** = Saturday
- **First Day** = Sunday

Does God allow anyone to change His Holy Day?

Proverbs 30:5-6

⁵ Every word of God is pure: he is a shield unto them that put their trust in him.

⁶ Add thou not unto his words, lest he reprove thee, and thou be found a liar.

How long did God intend for the Sabbath to be kept?

Leviticus 23:31

Ye shall do no manner of work: it shall be a statute forever throughout your generations in all your dwellings.

When does Sabbath begin and end?

Leviticus 23: 32

From even unto even, shall ye celebrate your sabbath.

Answer: God measures days by sunsets. The Sabbath begins at sundown Friday evening and ends at sunset Saturday.

Does the *Lord's Day* refer to Sunday?

Which day does the Bible say is the Lord's?

Exodus 20:10

But the seventh day is the sabbath of the LORD thy God.

Isaiah 58:13

If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the

LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words.

Mark 2:28

Therefore the Son of man is Lord also of the sabbath.

What is God's promise to those who keep the Sabbath?

Matthew 11:28

Come unto me, all ye that labour and are heavy laden, and I will give you rest.

Exodus 33:14

And he said, My presence shall go with thee, and I will give thee rest.

Hebrews 4:9-11

⁹ There remaineth therefore a rest to the people of God.

¹⁰ For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

¹¹ Let us labour therefore to enter into that

rest, lest any man fall after the same example of unbelief.

What did God say to Moses about the ground he walked on in Exodus 3:5?

Exodus 3:5

And he said, Draw not nigh hither: put off thy shoes from off thy feet, for the place whereon thou standest is holy ground.

NOTE: Moses did not know that the ground where he stood was holy or God would not have had to tell him. Indeed, where he stood looked like every other place. It was the presence of God that made it holy. Likewise, to us, the Sabbath day appears no different than any other day. It is because God says it is *sacred time* that differentiates it from any other day. God blessed, sanctified, and made it holy.

Hasn't the Calendar Been Changed?

The calendar was changed once in October 1582, but it did not alter the weekly cycle.

Ten dates were omitted from the calendar following October 4, 1582. What would have been Friday, October 5, became Friday, October 15. This change did not alter the order of the week's days from Sunday to Saturday/Sabbath.

Summary—The Sabbath:

- is one of the unchangeable Ten Commandments.
- is Saturday, the seventh day of the week.
- is a memorial of Creation.
- is a sign that God sanctifies us.
- begins at sunset Friday and ends at sunset Saturday.
- was given at Creation.
- is meant to be kept forever.
- was kept by the patriarchs, prophets, Jesus, apostles, and will be kept by the saved in heaven.

So, where did the change come from, if not by God or Jesus Christ?

From *The Catholic Press*, published Aug. 25, 1900:

“Sunday is a Catholic institution, and...can be defended only on Catholic principles...From beginning to end of Scripture there is not a single passage that warrants the transfer of weekly public worship from the last day of the week to the first.”

From Christ’s point of view, can this tradition truly replace the law of God?

Mark 7:13

Making the word of God of none effect through your tradition, which ye have delivered: and many such like things do ye.

Matthew 15:9

But in vain they do worship me, teaching for doctrines the commandments of men.

Does it matter? Compromising God’s Law is dangerous. Sabbath is just as important to God as ‘Thou shalt not kill.’ If it were not, He would not have included it as one of the Ten immutably written in stone. Should we forget the one commandment that begins with the

word 'Remember'?

THINK ABOUT THIS: The Sabbath commandment is the only one of the ten that identifies the Law-giver. The other nine can apply to anyone or anything. Any false religion can claim that they have no other gods before their own. They would agree that taking their deity's name in vain is blasphemous. Some (even some Christian churches) might have a problem with making and bowing to idols. But this, too, does not identify the Law-giver. Not killing, committing adultery, stealing, lying, coveting—all these can be agreed to by any religious belief. But no false religion can agree to the Sabbath commandment. It is the only one that identifies the Creator of heaven, earth, and sea as the Law-giver. As the Creator of all things, He has the right to make the rules. And His law says the seventh day of the week is the Sabbath day of rest.

Leviticus 23:3

Six days shall work be done: but the seventh day is the sabbath of rest, an holy convocation; ye shall do no work therein: it is the sab-

bath of the LORD in all your dwellings.

NOTE: Convocation means a coming together, a gathering for worship. Sunday-keeping churches—though claiming the entire Bible as their authority—must, in error, teach the law altered or abolished. They cannot otherwise, in Spirit or truth, keep Sunday holy because Sunday sacredness is in direct violation of the plain teaching of the Bible.

What does Isaiah say about how to identify truth, and the rule for exposing those who misrepresent it?

Isaiah 8:20

To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.

Answer: There is no light or truth in those who speak not according to the law. Sunday is contrary to God's unchangeable law.

Why Does Sabbath Matter?

SUN	MON	TUE	WED	THU	FRI	SAT
						God Blessed This Day

Some countries and businesses start the week with Monday and end it with Sunday:

MON	TUE	WED	THU	FRI	SAT	SUN
					But God STILL Blessed This Day	

Can shifting the calendar shift the day that God blessed?

1 Chronicles 17:27

For thou blessest, O LORD, and it shall be blessed forever.

Malachi 3:6

For I am the LORD, I change not.

The day we choose represents the authority we are submitting to.



Ezekiel 20:20

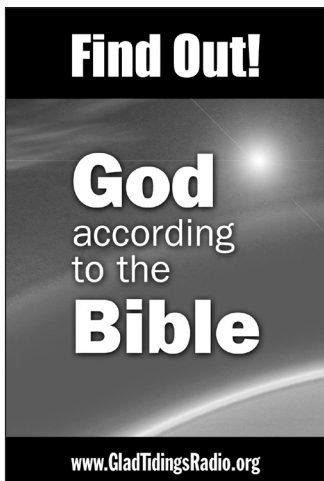
And hallow my sabbaths; and they shall be a sign between me and you, that ye may know that I am the LORD your God.

Matthew 12:8

For the Son of man is Lord even of the sabbath day.

Joshua 24:14-15

Now therefore fear the LORD, and serve him in sincerity and in truth...choose you this day whom ye will serve;...but as for me and my house, we will serve the LORD.



God is clearly revealed to the world in the pages of the Bible. But the identity of God is the most misunderstood subject throughout Christianity. Is the god worshiped in churches the only true God of the Bible? Who is God? **Find Out!**

Available at Amazon.com
For more information, visit:
www.GladTidingsRadio.org



Do you ever wonder about the after-life? Many believe they have an immortal soul that leaves their bodies in death to live forever in either heaven or hell. But is that what the Bible actually teaches?

Find Out!

Available at Amazon.com
For more information, visit:
www.GladTidingsRadio.org

GladTidings Radio is an independent Christian ministry devoted to doing our part in spreading the gospel of Jesus Christ to fulfill His great commission (**Matthew 28:19**). It is our mission to present the pure, Bible-based gospel out of love for humanity. We want you to live forever with God.

John 17:3

“And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.”

GladTidingsRadio)))

- Inspirational Bible Studies
- Testimonies of Faith



- Sat. at 7:00 AM
- Sun. at 6:00 AM

1230 AM • 100.1 FM • 100.5 FM • 102.9 FM

www.GladTidingsRadio.org • www.WECKBuffalo.com

Write to us at: GTRministry@gmail.com